

the ULTIMATE packing CHECKLIST

for all-inclusive VACATIONS

We've compiled a list of what we think is the best checklist for what to pack for your all-inclusive vacation. Chances are, you probably won't need to bring everything that's on this list, and that's okay. This is just a guideline of things that we, and many other frequent travelers that we asked, have found to be helpful to have with them and to make their vacation more comfortable.

Planning on what to wear depends on your destination, the season, and what you plan on doing, however, for most of your vacation, light, loose clothing is usually best. The key is to pack smart and not to over-pack. Having multiple outfit options is good, but most people find that they end up mixing and matching the same things multiple days, and therefore some clothing that they brought never gets worn.

Also, keep in mind that some hotels and resorts have dress codes for specific restaurants or public areas, and some tours and excursions have requirements for specific footwear. Many people also pack an outfit in their carry-on luggage just in case their check-in luggage is lost or delayed.



FOR THE BEACH

Bathing Suit
Rash Guard/Swim Shirt
Hat
Sunglasses

FOR THE RESORT

Sarong/Wrap/Pareo
Shorts
T-Shirt/Tank Top
Sandals/Flip-Flops

FOR COOLER WEATHER

Light Sweater/Shawl
Sweatshirt/Fleece
Long-sleeved Shirt
Jeans

FOR TOURS/EXCURSIONS

Closed-Toe Shoes
Water Shoes
Shorts to Get Dirty
T-Shirt to Get Dirty

FOR AROUND TOWN

Sundress
Romper
Camisole
Leggings
Walking Shoes
Socks

FOR THE GYM

Athletic Shorts
Athletic Shirt
Athletic Shoes
Yoga Pants
Yoga Shorts
Sports Bra

FOR DINING & NIGHTLIFE

Pants/Khakis
Collared Shirt
Dress
Skirt
Blouse
Dress Shoes
Dress Socks
Belt
High Heels/Wedges
Stockings/Tights
Strapless Bra

MISCELLANEOUS

Underwear
Pajamas/Sleepwear
Camisole
Non-Valuable Jewelry
Clutch Purse
Raincoat/Poncho

It's usually best to bring your toiletries in your checked luggage rather than your carry-on because you'll most likely use a lot more of your liquids and gels than what is allowed by the TSA on a carry-on, and you won't want to worry about purchasing more when you're there.

If you do need to put your toiletries in your carry-on luggage, remember the TSA's 3-1-1 rule: all liquids, gels, aerosols, creams, and pastes must be in a container of 3.4 oz [100 ml] or less, all must be zipped up in a 1-quart sized clear plastic zip-top resealable bag, per each passenger. This includes toothpaste, mouthwash, shampoo, lotion, makeup remover, etc.



BATHROOM PRODUCTS

Toothbrush
Toothpaste
Mouthwash
Dental Floss
Body Wash
Shampoo
Conditioner
Hair Relaxer
Facial Cleanser
Facial Tissues
Washcloth
Loofah
Compact Mirror

Makeup
Makeup Remover
Skin Moisturizer/Lotion
Shaving Cream
Razor
Aftershave
Perfume
Cologne
Deodorant
Hair dryer
Straightening Iron
Curling Iron

Hairbrush
Comb
Hair Spray/Gel/Mousse
Hair Ties/Scrunchies
Barrettes/Bobby Pins
Contact Lenses
Contact Lens Solution
Nail Clippers
Nail File/Emery Board
Nail Polish
Nail Polish Remover
Feminine-Hygiene Products

MISCELLANEOUS

Sewing Repair Kit
Eyeglass Repair Kit
Stain Remover Stick/
Wipes
Baby Powder
Safety Pins
Shower Cap

TOILETRIES

Unless you have a medication that you would need to take while you're traveling, it's best to pack all your medicines and first aid items in your check-in luggage instead of your carry-on. If you do need to bring these in your carry-on luggage, the TSA's 3-1-1 rule applies to these also—all liquids, gels, aerosols, creams, and pastes must be in a container of 3.4 oz [100 ml] or less, all must be zipped up in a 1-quart sized clear plastic zip-top resealable bag, per each passenger.

It is also a good idea to bring proof that all of your prescription medications do indeed belong to you in order to avoid any complications that may arise when bringing them through Customs and Immigration.



FIRST AID

Hand Sanitizer
Tweezers
Small Scissors
Eye Drops
Ear Drops
Cotton Balls
Cotton Swabs
Tissues
Moleskin/Blister Pads
Sunburn Gel/Aloe

Itch Reliever
Adhesive Bandages
Gauze
Waterproof Bandage
Tape
Polysporin
Antibiotic Cream
Thermometer
Cough Drops/Lozenges
Rubber Bands

MEDICATION

Perscriptions
Multi-Vitamins
Prenatal Vitamins
Headache/Migrane
Muscle Pain/Arthritis
Indigestion/Constipation
Nausea/Upset Stomach
Heartburn/Acid Reflux
Cold/Flu
Fever
Allergy

Motion Sickness
Sleeping Aid
Asthma Inhaler
Epinephrine Pen
Auto-Injector
Birth Control Pills/
Contraception

MEDICINE

The biggest thing to remember here is to not forget to bring your power cables and wall chargers. A fully charged, portable backup external battery bank is also something you might find that you need, especially if you're away from your hotel shopping around town, or on a tour or excursion, and you find that your camera or phone battery is dying.



MEDIA

Camera
 Camera Charger
 Cell phone
 Cell Phone Charger
 Tablet/e-Reader
 Tablet/e-Reader Charger
 Laptop
 Laptop Charger
 Earbuds/Headphones
 Earbuds/Headphones Charger

MP3 Player
 MP3 Player Charger
 Portable Speaker
 Portable Speaker Charger
 GPS Device
 GPS Device Charger
 Memory/SD Cards
 Portable USB Battery Charger
 Portable Alarm Clock
 Power Adapter/Converter
 Batteries

MISCELLANEOUS

Language Translation App
 Money Conversion App
 Hotel App
 Airline App
 Customs/Immigration App^[1]
 VPN Account^[2]
 Extra USB Charging Cables

ELECTRONICS

Whether you're flying on the plane, relaxing in your hotel room, or watching the kids play in the on the beach, here are some things that many people find convenient to have. Some, especially those traveling with children, like to bring chewing gum with them on the plane in order to help their ears pop when the air pressure in the plane cabin changes due to altitude differences. Also, depending on the amount of shopping you plan on doing, many people bring an empty collapsible suitcase or duffel bag with them so they can have more luggage space for their trip back home. And don't forget to pack a pen on your carry-on.



TRAVEL GEAR

Travel Pillow
 Travel Blanket
 Travel Towel
 Sleeping Eye Mask
 Ear Plugs
 Travel Games/Deck of
 Cards
 Book/Magazine
 Reading Glasses
 Travel Guide
 Destination Map
 Money Belt/Running Belt
 Waist Pack/Bra Stash
 Empty Water Bottle
 Snacks
 Chewing Gum
 Breath Mints

LAND GEAR

Backpack/Daypack
 Insect Repellent
 Biodegradable Sunscreen
 Tanning Oil
 Chapstick/Lip Balm
 with SPF
 Mini Flashlight
 Handheld/Foldable Fan
 Selfie Stick
 Lint Roller
 Insulated Travel Mug/
 Tumbler
 Travel Laundry Bag
 Wet Wipes
 Note Pad
 Pen

WATER GEAR

Waterproof Camera
 Snorkel Equipment
 SCUBA Equipment
 Swimming Goggles/Mask
 Swimming Fins
 Swim Vest/Life Jacket
 Arm Floaties
 Beach/Sand Toys
 Pool/Water Toys
 Inflatable Pool Float
 Waterproof Phone
 Pouch
 Resealable Plastic
 Storage Bags

MISCELLANEOUS

Binoculars
 Clothes Pins
 Luggage Locks & Keys
 Portable Travel Safe
 Empty Duffel Bag
 Compact Umbrella
 Rain Poncho
 Carabiner
 Small Power Strip/
 Multi-outlet Adapter

GEAR

Many have found it best to have all your documents printed out on paper just in case you run into technical difficulties with your internet connection or a malfunctioning mobile device when trying to locate and open your digital versions. Also, it may be helpful to make photocopies of important information and phone numbers for the rare occurrence that you lose your passport or wallet.



PAPERWORK

Travel Organizer with RFID Protection
Valid, Non-Expiring Passport
REAL ID^[3]
Student ID
Driver's License
Credit Cards
ATM Cards
Health Insurance Cards

Proof of Medical Prescriptions
Travel Documents
Boarding Pass
Hotel Transportation Reservations
Travel Insurance Info
Hotel Reservation Info
Emergency Contact Info
Bank Contact Info
Notarized Parent/Minor Travel Permission^[4]

COPIES

Copies of Passport
Copies of Driver's License
Copies of Credit Cards
Copies of ATM Cards
Copies of Travel Documents
Copies of Hotel Reservations

DOCUMENTATION

Escaping from life's pressures and demands is great, but you'll still want to let other's know that you'll be on vacation or unreachable. Some responsibilities back home still have to be taken care of, so it's good to get as much prepared for and taken care of before you leave in order to make your vacation as stress-free and enjoyable as it can be.



LIFE & WORK

Notify credit card companies of vacation destination
Notify bank of vacation
Notify postal service to hold mail
Notify children's school about upcoming absences
Stop newspaper delivery
Set up email autoreply
Pre-pay bills
Purchase international cell phone plan

AT HOME

Arrange for care of pets and plants
Store valuables in a safe place
Empty refrigerator of expiring foods
Unplug unnecessary appliances
Turn off furnace/air conditioner
Turn down water heater temperature
Lock doors and windows

MISCELLANEOUS

Leave house key and trip itinerary with a trusted friend or relative
Get several small dollar bills for tipping
Confirm flight is on time
Confirm transportation to airport

PREPARATION

[1] The Mobile Passport Control app enables U.S. citizens and Canadian visitors flying on select airlines to submit their passport and other related information to U.S. Customs and Border Protection via a smartphone or tablet prior to inspection. More information on what the Mobile Passport Control app is, how to download it, and answers to other questions can be found at <https://www.cbp.gov/travel/us-citizens/mobile-passport-control/> and <https://mobilepassport.us/faq/>.

[2] Whenever you're using a Wi-Fi network, even if it's supposedly a secure network like at an airport, hotel, restaurant, or rental property, you're potentially putting your online security at risk. Obtaining a good, encrypted VPN service through which to access a public Wi-Fi network with your mobile devices will increase the security of your personal information and data, such as your credit card numbers, login information and passwords.

[3] Beginning October 1, 2020, every U.S. citizen 18 years of age and older will be required to carry a REAL ID license to fly domestically within the United States. If you do not have a REAL ID, you can and will be denied boarding unless you can show an alternative form of acceptable identification, such as a passport. More information on what a REAL ID is, how to obtain one, and answers to other questions regarding REAL IDs can be found at <https://www.dhs.gov/real-id> and <https://www.dhs.gov/real-id-public-faqs>.

[4] If a child under the age of 18 is traveling with only one parent/guardian, or with someone who is not a parent or legal guardian, U.S. Customs and Border Protection [CBP] requires that the accompanying adult have notarized documentation from the non-traveling parent[s] stating their approval for their specific travel dates and destination. More information for single parents traveling with minors can be found at <https://www.vacationexpress.com/travel-requirements/>, under "General Information & Web Links".