Solution express

PROFESSIONAL TENNIS EXPERIENCE IN PARADISE Rafa Nadal Tennis Centre - Costa Mujeres, Cancun

Train under the same, official methodology of tennis champion and superstar Rafa Nadal while on vacation in Cancun at Grand Palladium Costa Mujeres Resort & Spa or the adults-only TRS Coral Hotel! World-class tennis coaches offer a wide variety of training opportunities for adults and juniors at all levels at this beautiful and modern facility, home to 5 outdoor and 3 indoor clay tennis courts, a shop featuring official, licensed souvenirs, the Rafa Nadal Museum Xperience and more.







Adults & Juniors Programs

Premium Tennis Program *Low-Intermediate to Advanced*

Singles private training to maximize player's strengths and improve performance

Total Tennis Program

Low-Intermediate to Advanced

• Singles group training to improve technique and tactics while training with players from all over the world

Total Tennis Double Program

Low-Intermediate to Advanced

Doubles training to improve technique and strategy

RNA Camps

Intermediate to Advanced

Weeklong program available to juniors which includes:

- 22 Hours Tennis Training
- 6 Hours Fitness Training/Sports Activities
- 6 Hours "Building a Champion" Activities
- Leisure & Recreational Activities
- Energy Break & Lunch
- Guided Visit at the Rafa Nada Museum Xperience
- Welcome Pack
- Diploma Ceremony

PALLADIUM



Private Lessons

Private lessons can be scheduled for all players (minimum 5 years of age) and all skill levels. Private group lessons, individual classes, multi-day packages and semi-private lessons are available.

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